

Dialyvite's® Whey Plus Protein Rice Crispy Snacks



These delicious treats are a new recipe from Dialyvite®
An Easy, No-Bake recipe that makes delicious protein filled rice crispy snacks.

Ingredients:

- 1 Stick Butter
- 16 oz (1bag) Miniature Marshmallows
- 3 Heaping scoops Dialyvite® Whey Plus Protein Powder
- 6 ½ Cups Rice Crispy Cereal

Stove Top Preparation:

- Melt butter in a large pot and add marshmallows. Stir constantly until marshmallows are completely melted.
 - Remove the pot from the heat and gradually add Dialyvite® Whey Plus Protein Powder. Mix until smooth.
- Add rice crispy cereal and mix until well coated.
- Pour into a lightly buttered 9" x 13" x 2" baking pan and press down.
 - Cool and cut into 12 bars.

Using Dialyvite®'s Whey Plus Protein Powder to provide 60 grams of protein for the pan.

Cut into 12 bars each bar would contain approximately:

4.2 grams of Protein 7.6 grams of Fat 4.8 grams of Sat. Fat 130 milligrams of Sodium 50 milligrams of Potassium
8 milligrams of Phosphorus. 264 Calories 44 Grams Carbohydrates

We did use salted butter so the sodium could be reduced.